## Thank U

## Alanis Morissette, Glen Ballard

How 'bout getting off these antibiotics

How 'bout stopping eating when I'm full up

How 'bout them transparent dangling carrots

How 'bout that ever elusive kudo

Thank you India

Thank you terror

Thank you disillusionment

Thank you frailty

Thank you consequence

Thank you thank you silence

How 'bout me not blaming you for everything

How 'bout me enjoying the moment for once

How 'bout how good it feels to finally forgive you

How 'bout grieving it all one at a time

Thank you India

Thank you terror

Thank you disillusionment

Thank you frailty

Thank you consequence

Thank you thank you silence

The moment I let go of it was the moment

I got more than I could handle

The moment I jumped off of it

Was the moment I touched down

How 'bout no longer being masochistic

How 'bout remembering your divinity

How 'bout unabashedly bawling your eyes out

How 'bout not equating death with stopping

Thank you India

Thank you providence

Thank you disillusionment

Thank you nothingness

Thank you clarity

Thank you thank you silence